



## SCHEDULE 2025/2026 SCHOOL YEAR

### MONDAY

TIME	TATAMI 1	AGES	TATAMI 2	AGES
4:30 - 5:00 PM	Little Champions	(Ages 4-6)	Junior Intermediates	(Ages 7 & up)
5:00 - 5:30 PM	Junior Beginners	(Ages 7 & up)	Junior Intermediates*	(Ages 7 & up)
5:30 - 6:00 PM	Bushido Club	(By Invitation)	Comp Kata	(All Ages/Ranks)
6:00 - 7:00 PM	Teen/Adult WIKF	(Ages 13 & up)	Teen Adult WIKF	(Ages 13 & up)
7:00 - 8:00 PM	Advanced WIKF	(3rd Kyu & up or Invitation)	CMAC Judo	(All Ages/Ranks)
8:00 - 8:30 PM			CMAC Judo	(All Ages/Ranks)

### TUESDAY

3:30 - 4:30 PM	CMAC Legacy	(Moore's Warriors)		
4:00 - 4:30 PM	CMAC Legacy	(Moore's Warriors)	Comp Kata	(All Ages/Ranks)
4:30 - 5:00 PM	Little Champions	(Ages 4-6)	Junior Intermediates	(Ages 7 & up)
5:00 - 5:30 PM	Junior Beginners	(Ages 7 & up)	Junior Intermediates	(Ages 7 & up)
5:30 - 6:00 PM	Kicking Lab	(All Ages/Ranks)	Teen/Adult WIKF	(Ages 13 & up)
6:00 - 6:30 PM	Kumite Combinations	(All Ages/Ranks)	Teen/Adult WIKF	(Ages 13 & up)
6:30 - 8:00 PM	Comp Kumite	(All Ages/Ranks)	Comp Kumite	(All Ages/Ranks)

### WEDNESDAY

4:30 - 5:00 PM	Little Champions	(Ages 4-6)	Junior Intermediates	(Ages 7 & up)
5:00 - 5:30 PM	Junior Beginners	(Ages 7 & up)	Junior Intermediates	(Ages 7 & up)
5:30 - 6:00 PM	Kobudo Class	(Ages 13 & up or Invitation)	Striking Lab	(All Ages/Ranks)
6:00 - 7:00 PM	Teen/Adult WIKF	(Ages 13 & up)	Teen Adult WIKF	(Ages 13 & up)
7:00 - 8:30 PM	Adv Wado & Judo	(3rd Kyu & up or Invitation)	CMAC Judo	(Ages 13 & up or Invitation)

### THURSDAY

4:30 - 5:00 PM	Little Champions	(Ages 4-6)	Junior Intermediates	(Ages 7 & up)
5:00 - 5:30 PM	Junior Beginners	(Ages 7 & up)	Junior Intermediates	(Ages 7 & up)
5:30 - 6:00 PM	Comp Kata	(All Ages/Ranks)	Teen/Adult WIKF	(Ages 13 & up)
6:00 - 6:30 PM	Comp Kumite	(All Ages/Ranks)	Teen/Adult WIKF	(Ages 13 & up)
6:30 - 8:00 PM	Comp Kumite	(All Ages/Ranks)	Comp Kumite	(All Ages/Ranks)
8:00 - 9:00 PM	CMAC Judo	(All Ages/Ranks)	CMAC Judo	(All Ages/Ranks)

### SATURDAY

9:00 - 10:30 AM	Comp Kata/Kobudo	(All Ages/Ranks)	Comp Kata/Kobudo	(All Ages/Ranks)
10:00 - 10:30 AM	Little Champions	(Ages 4-6)	Comp Kata	(All Ages/Ranks)
10:30 - 11:30 AM	Family Class	(All Ages/Ranks)	Family Class	(All Ages/Ranks)
11:30 - 1:00 PM	Comp Kumite	(All Ages/Ranks)	Comp Kumite	(All Ages/Ranks)

### CMAC CLUB MEMBERSHIPS

CMAC BASIC  
\$99/MONTH

CMAC PLUS  
\$139/MONTH

CMAC MAX  
\$159/MONTH

CMAC UNLIMITED  
\$199/MONTH

CMAC LIFETIME  
\$10K/LIFETIME

CLASS A LA CARTE  
\$29/CLASS